



University of Central Lancashire



HEALTH AND WELLBEING CPD WORKSHOPS

2018-2019

Half-day and full-day workshops

Meeting continuing professional and personal development needs

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NEONATAL VASCULAR ACCESS

Brief summary

This workshop aims to build upon the knowledge of experienced neonatal practitioners to enable them to better meet the needs of neonates requiring peripheral vascular access.

Who should attend?

This course is suitable for experienced neonatal nurses.

Learning outcomes

- Review of relevant normal and altered neonatal vascular anatomy and physiology
- The pathophysiology, management and care of neonates requiring vascular access and cannulation

- Management of infant needs in relation to assessment of pain and sensory overload
- Assessment and evaluation of family needs
- Identifying and responding to complications of vascular access
- Professional, legal and ethical issues associated with vascular access

Date and time

Friday 5 October 2018, 9am-3.30pm
or Wednesday 20 March 2019, 9am-3.30pm

Facilitator

Rosie Milbourn

SOLIHULL APPROACH TRAINING FOR PEOPLE WORKING WITH CHILDREN, YOUNG PEOPLE OR FAMILIES

Brief summary

The Solihull Approach is a highly practical and effective way of working with families within a robust theoretical structure (containment, reciprocity and behaviour management) a synthesis of a thoughtful psychodynamic approach with practical child development and behavioural approaches. It provides a particularly helpful theoretical framework for those working with families, babies, children or young people.

The Solihull Approach uses evidence from neuroscience and explores the impact of abuse and neglect on brain development; it is underpinned by attachment theory. It is a very practical way of working with tools such as emotional containment, building reciprocal relationships and managing behaviour using an empowering, problem-solving approach.

Who should attend?

The training is appropriate to anyone working with babies and or children and or young people and or families. Previous participants have been from Health Services including CAMHS, Health Visitors, Children's Nurses, NICU staff, psychologists, Social

Workers, Charities and Voluntary services, Police, School staff, Young People's Services, Children's Centre staff and Foster and Adoption services.

The Solihull Approach can help all professionals to have a positive influence on parents' experience and the subsequent parent-child relationship. Practitioners play an important role in nurturing a positive relationship between infants, children, adolescents and parents.

Professionals have found that the more they use the Solihull Approach, the more they notice a change in their thinking and begin to use it in every aspect of their work.

Learning outcomes

- Have an evidenced based tool for your toolkit

Date and time

Tuesday 7 May and Tuesday 21 May 2019
(Two-day course), 9am-3pm both days

Facilitator

Cath Coucill

ADVANCED SKILLS WORKSHOP ON RESPIRATORY PHYSICAL EXAMINATION

Brief summary

The aim of this workshop is to offer health professionals knowledge and skills on physical examination of the gastro-intestinal system.

Who should attend?

This workshop has been developed for health care professionals working at an advanced level or towards an advanced level of practice.

Learning outcomes

- Offer a sound understanding of the anatomy of the gastro-intestinal system
- Have a working knowledge of undertaking taking a physical gastro-intestinal examination

Date and time

Friday 16 November 2018, 1pm-4pm

Facilitators

Gillian Armitage and Allan Gardner



RESPIRATORY ASSESSMENT OF THE SICK CHILD

Brief summary

This workshop, will help to develop the nurse's knowledge, critical thinking and skills in relation to assessing, recognising and responding to the acutely ill child or young person. In the morning, there will be theory classroom sessions and in the afternoon, it will be simulation, using scenarios.

Who should attend?

Nurses working in the acute settings which cares for children.

Learning outcomes

- Describe the 'normal' respiratory anatomy and physiology of the child
- Explain the pathophysiology of a child in respiratory distress
- Demonstrate a structured respiratory clinical assessment of a child

Date and time

Monday 13 May 2019, 9am-4pm
or Monday 20 May 2019, 9am-4pm

Facilitators

Martin Earley and David Foster



INHALER TECHNIQUE - CHOOSING AND USING INHALERS CORRECTLY

Brief summary

There is a wide range of treatment options available for asthma and COPD. The need to improve inhaler technique has been recognised internationally.

This half-day workshop will provide health care professionals with the knowledge and skills required to advise individuals on correct inhaler technique.

Who should attend?

This workshop has been developed for health care professionals involved in the management of individuals taking inhaled drug therapy such as General Practice Nurses, Pharmacists, Pharmacy Technicians, Health Care Assistants, Community Nurses, District Nurses, Prison Nurses, Residential and Nursing Home staff.

Learning outcomes

- Appreciate that poor inhaler technique is widespread and results in reduced therapeutic effect and poor disease control
- Understand the importance of selecting an appropriate inhaler device

- Explore the use and care of spacer devices
- Gain some practical tips on how to assess inhaler technique to ensure the maximum amount of drug is deposited in the lungs
- Recognise common mistakes when using an inhaler device
- Be aware of the UK inhaler standards and competency document
- Understand good inhaler technique is key to optimal self-management
- Appreciate the cost associated with the incorrect use of inhalers

Date and time

Wednesday 12 June 2019, 1pm-4pm

Facilitator

Katy Smyth

MANAGEMENT OF THE PATIENT WITH A TRACHEOSTOMY

Brief summary

This workshop will provide an opportunity for attendees to understand best practice in relation to managing the patient with a tracheostomy. The attendee will also gain practical experience of managing patients with a tracheostomy using contemporary equipment in the clinical skills laboratory.

Who should attend?

Nurses and healthcare professionals who care for and manage patients who have a tracheostomy in a primary or secondary care environment.

Learning outcomes

- Link the theoretical knowledge to practice within a safe clinical skills laboratory environment

- Understand the anatomical, physiological and psychological implications of a patient with tracheostomy
- Gain knowledge on specific patient safety issues and emergency management of a dislodged tracheostomy

Date and time

Tuesday 9 October 2018, 10am-4pm
or Thursday 14 March 2019, 10am-4pm

Facilitators

Alison Luckett and John Billington

CERVICAL SCREENING UPDATE FOR CERVICAL SMEAR TAKERS

Brief summary

Within the NHS Cervical Screening Programme there is an expectation that cervical sample takers should undertake a minimum of one half-day update every three years in order to maintain theoretical competence. Training requirements for medical and nursing professionals are equivalent.

This course is for any registered nurse or doctor who is currently actively involved in the Cervical Screening Programme. As required by PHE, this update will provide the required training for sample takers to maintain their competence in cervical smear taking.

Who should attend?

Any registered nurse or doctor who is currently involved in cervical smear sampling as part of the NHS Cervical Screening Programme.

Learning outcomes

- Current developments in the NHSCSP

- Sample taking, sampling devices, best practice for transformation zone sampling and positive pick up rates
- Human papillomavirus (HPV) infection and vaccination
- Aware of individual's needs
- Changes to Screening Policies and Procedures
- Reviewing reflective practice and learning from incidents in the NHSCSP programme
- Identification of personal learning needs

Date and time

Thursday 20 September 2018, 9am-12.30pm
or Thursday 28 March 2019, 9am-12.30pm

Facilitator

Debbie Brittain

CERVICAL SCREENING UPDATE FOR TRAINING MENTORS

Brief summary

This workshop aims to provide a theoretical update for cervical screening training mentors regarding the practical elements of supporting smear sampler trainees. The focus of the workshop is to ensure mentors understand the professional responsibilities of mentoring trainees and recognises capable, safe and effective practice.

Who should attend?

Any registered nurse who is currently actively involved in supporting trainees undertaking the practical elements of a cervical smear training programme.

Learning outcomes

- Outline the factors that influence learning clinical skills in practice
- Create a supportive learning environment

- Discuss a range of strategies to support trainees undertaking cervical smear training in practice
- Refer trainees to relevant learning resources
- Understand the professional responsibilities of mentoring trainees undertaking smear taking practice
- Understand the competency framework trainees are required when obtaining cervical cytology samples and can recognise capable, safe and effective practice

Date and time

Thursday 20 September 2018, 1.30pm-4pm
or Thursday 28 March 2019, 1.30pm-4pm

Facilitator

Debbie Brittain

DEVELOPING RESILIENCE IN HEALTHCARE LEADERSHIP

Brief summary

Resilience is the ability to recognise, adjust behaviours and recover from adverse situations. Healthcare practitioners need to be resilient. They need to develop the knowledge and skills to develop resilience, this will equip them to deal with and positively react to challenging situations. Resilience is a fundamental element of leadership in the NHS and as such, the development of this has the potential to impact on the safe delivery of care to patients.

Who should attend?

This course is suitable for Nurses, Midwives and AHPs.

Learning outcomes

- Understand the term resilience
- Understand the relationship between personal development of resilience and leadership skills
- Recognise how resilience can impact on patient safety

- Create a plan of action to support the student development of resilience
- Complete an i-resilience report

Date and time

Friday 7 December 2018, 9am-3pm

Facilitator

Adele Nightingale



EMOTIONAL INTELLIGENCE AND LEADERSHIP

Brief summary

Emotional intelligence is recognised as having the ability to monitor our own and other people's feelings and to use this knowledge to guide ones thinking and actions. We make decisions not only based on outcomes but also the emotional qualities associated with the decision. Emotional intelligence is a set of skills that scaffold leadership and the safe delivery of care in the NHS.

Self-awareness and self-management are personal competencies that can be developed to support you in your leadership journey. Social awareness and Relationship management are social competencies that are recognised to support leading teams.

Who should attend?

This course is suitable for Nurses, Midwives and AHPs.

Learning outcomes

- Understand the term Emotional Intelligence
- Recognise how emotional intelligence can impact on patient safety
- Understand the relationship between personal development of emotional intelligence and leadership skills
- Create strategies to develop emotional intelligence

Date and time

Tuesday 13 November 2018, 9am-1pm

Facilitator

Adele Nightingale

INTRODUCTION TO LEADERSHIP IN NURSING

Brief summary

This workshop will explore strategic leadership in healthcare in today's ever changing environment.

Who should attend?

Qualified Nurses who wish to explore and develop leadership in nursing, particularly nurses new to a leadership role.

Learning outcomes

- Explore the nature, organisation and dynamics of professional practice within health and social care organisations
- Critically discuss the challenges facing health and social care services in meeting the changing demands of the public

- Evaluate leadership and management functions in the delivery of quality healthcare
- Analyse motivational strategies within multidisciplinary teams
- Create a personal development plan reflecting Strategic Leadership

Date and time

Monday 15 October 2018, 10am-3pm
or Monday 4 March 2019, 10am-3pm

Facilitators

Rachel Game and Katie Rowson

LEADERSHIP AT ALL LEVELS

Brief summary

This interactive workshop will be open to all the Senior Nursing Staff. The theme of the day will be understanding compassionate leadership, leadership at all levels and how this is congruent with your role and level responsibility. We will identify the need for leaders to be influential through relationships rather than positions by creating a caring, valued and trusted safe environment through which compassionate leadership will result in movement.

There are many definitions of leadership, however this session will aim to deconstruct leadership with a view to reconstructing it in a way that is meaningful and that will encourage staff to feel recognised and valued whilst at the same time to be motivated to contribute to change and innovations.

We will look at 'new power' and the 'Freedom to Act' by addressing permission and what this means in a risk averse setting. We will be looking at connecting people across boundaries and ways to achieve this that are engaging and empowering and will result in mobilisation.

Who should attend?

This course is suitable for Nurses, Midwives and AHPs.

Learning outcomes

- Understand what the term leadership at all levels
- Recognise how leadership at all levels can impact on an organisation
- Understand the relationship between values and beliefs and compassionate leadership

Date and time

Wednesday 16 January 2019, 9am-3pm

Facilitator

Adele Nightingale

WORKING EFFECTIVELY WITH GROUPS

Brief summary

This whole seminar is designed to equip you with a basic understanding of the principles of group dynamics with an emphasis on group analytic theory and organisational dynamics.

Group psychotherapy as a basic treatment for mental health disorders will be discussed as will a basic introduction as to how group psychotherapy principles are utilised within other therapeutic modalities such as therapeutic communities, mentalisation, dialectical behavioural therapy and cognitive behavioural therapy. Particular emphasis will be given to the setting up and running of groups and the concept of dynamic administration. There will be the opportunity to engage into an experiential group as part of this seminar to explore in real-life some of these concepts.

This seminar is designed to allow you to consider groups and teams as both a clinical application but also a means to consider how groups operate in social settings such as at work, and wider institutional and societal dynamics.

Who should attend?

Anyone who leads teams or works with groups. This can suit those who do not work clinically, but there will be a clinical emphasis.

Learning outcomes

- Understand the broad theoretical principles of group dynamics, specifically using group analytic theory
- Understand the use of group psychotherapy as a treatment for mental health disorders (a basic introduction as to how group psychotherapy principles are utilised within other therapeutic modalities such as therapeutic communities, mentalisation, dialectical behavioural therapy and cognitive behavioural therapy)
- Understand the aspects for consideration when setting up and running groups
- Be able to consider organisational and team factors that alter effective team/group functioning

Date and time

Friday 16 November 2018, 9am-5pm

Facilitator

Daniel Anderson

ADVANCED SKILLS WORKSHOP ON HISTORY TAKING AND CONSULTATION SKILLS

Brief summary

The aim of this workshop is to offer health professionals knowledge and skills on history taking and consultation skills.

Who should attend?

This workshop has been developed for health care professionals working at an advanced level or towards an advanced level of practice.

Learning outcomes

- Critically reflect on consultation models and their consultation skills
- Have a working knowledge of taking a comprehensive history from a patient

Date and time

Friday 16 November 2018, 9am-12pm
or Friday 14 June 2019, 9am-12pm

Facilitators

Gillian Armitage and Allan Gardner

DECODING EMOTIONS

Brief summary

Long before we have mastered the art of speech and language our earliest interactions are through the communication of emotions. Understanding our own and other people's emotions can be challenging at times. This workshop explores the role of emotions and provides a template for helping you to identify the vital messages our emotions are trying to communicate.

When we start to welcome despair, negotiate with jealousy, use envy to focus our behaviour and befriend our anger, we can start to value our emotions and respect the emotions of others.

Who should attend?

This course will benefit anyone who is interested in improving their communication, counselling or coaching skills or who just want to understand themselves and their own emotions at a deeper level.

Learning outcomes

- Understand the role of basic emotions and how to decode the messages they bring

- Learning to view emotions as gifts not inconveniences
- The difference between jealousy and envy, and the value in both
- The truth about hatred and how it can help you grow
- Cultural differences and why we avoid some emotions
- The role of anger and how to get it to work for us not against us
- Working with shame
- Empathy or projection?

Date and time

Friday 24 May 2019, 12.30am-4.30pm

Facilitator

Moráen O'Byrne

INTRODUCTION TO WORKING WITH PEOPLE WHO SELF-HARM

Brief summary

This one-day course will help you gain confidence to be able to work with people who self-harm. We will look at the functions of self-harm, staff reactions and how we can help.



Who should attend?

Anyone from any setting who comes across people who self-harm.

Learning outcomes

- Identify some of the functions of self-harm
- Understand why people do this
- Recognise how our own reactions effect this
- Understand how to help

Date and time

Thursday 18 October 2018, 10am-4pm

Facilitator

Gillian Rayner

PERINATAL MENTAL HEALTH

Brief summary

Perinatal mental health is one of the leading causes of maternal mortality. Evidence informs us that women often experience a regional variation of care and are often left untreated, potentially with devastating consequences.

UCLan are proud to present a one-day perinatal mental health workshop. This exciting and informative workshop is aimed at all healthcare professionals, qualified staff and students working with women and families with perinatal mental health issues.

The workshop will include a range of sessions aimed at allowing healthcare professionals the opportunity to develop their confidence, knowledge and skills in the planning, care and management of perinatal mental health.

Who should attend?

This course is suitable for midwives, healthcare professionals and students working with women and families with perinatal mental health issues.

Date and time

Wednesday 12 June 2019, 9am-4pm

Facilitators

Neesha Ridley and Leah Kirk-Batty

SCRUB PRACTITIONER NON-TECHNICAL SKILLS - ENHANCING PATIENT SAFETY DURING SURGERY

Brief summary

Non-technical skills are the behavioural attributes of communication, teamwork and task management and the cognitive attributes of situational awareness and decision making. Their effective use by the surgical team is essential for enhancing patient safety during surgery. Despite their contribution to practice, most scrub practitioners do not undertake any formalised training to develop these skills. This workshop will assist scrub practitioners to develop knowledge of the contribution of these skills towards safer patient care.



Who should attend?

This course is suitable for ODPs, Nurses, Assistant Practitioners and Nurse Associates who undertake the role of scrub practitioner during surgery.

Learning outcomes

- Develop awareness of the contribution of non-technical skills during surgery to safer patient care
- Develop awareness of strategies that enhance the use of non-technical skills during surgery by scrub practitioners

Date and time

Friday 14 June 2019, 10am-1pm

Facilitator

Guy McClelland

IMMUNOLOGY AND VACCINATION

Brief summary

These workshops have been developed for anyone who will be delivering immunisations in any setting and are also suitable for any experienced immunisers who require an update.

This is a blended approach of both e-learning and a face to face taught course. Those practitioners new to immunisation are required to receive comprehensive foundation immunisation training and therefore should attend the full taught day. There is also a requirement that these practitioners complete some elements of the e-learning modules prior to attending the full day taught session.

These training sessions have been developed around the Public Health England (2018) Minimum Standards and Core Curriculum for Immunisation Training.

Who should attend?

Any practitioners who are responsible for delivering immunisations i.e. general practice nurses, district nurses, health visitors, school nurses,

sexual health nurses, midwives, prison nurses, healthcare assistants.

Learning outcomes

- Learn about the practical and legal implications of immunology and vaccination
- Be able to apply best practice in relation to administering vaccinations
- Update on any developments in vaccination delivery and programmes

Date and time

Monday 10 September 2018, 9am-4pm
Thursday 18 October 2018, 9am-4pm
or Wednesday 6 February 2019, 9am-4pm

Those requiring an update need only attend for the afternoon session (1pm-4pm).

Facilitators

Yasmin Perry and Katy Smyth

VENEPUNCTURE

Brief summary

The aim of this workshop is to develop both theoretical knowledge and clinical skills in order to perform venepuncture safely and efficiently.

Who should attend?

This study day is suitable for all practitioners whose role includes venepuncture including district nurses, practice nurses, nurse practitioners, specialist nurses, community staff nurses, community matrons, prison nurses, mental health nurses and assistants, A&E nurses, primary care nurses, secondary care nurses, newly qualified RNs, nurses and HCAs working in nursing homes, residential homes and EMI units, health care assistants, assistant practitioners, phlebotomists, other AHPs and some GP surgery staff looking to be trained in this procedure.

Learning outcomes

- Understand the relevant anatomy and physiology of the venous system

- Understand the professional issues surrounding venepuncture
- Understand the principles of venepuncture - recognising correct technique, procedure and the management of such an intervention
- Gain the ability to perform the venepuncture technique within a simulated environment

Date and time

Wednesday 26 September 2018, 1pm-4pm
Wednesday 17 October 2018, 1pm-4pm
Wednesday 14 November 2018, 1pm-4pm
Wednesday 5 December 2018, 1pm-4pm
Wednesday 13 February 2019, 1pm-4pm
Wednesday 20 March 2019, 1pm-4pm
or Wednesday 1 May 2018, 1pm-4pm

Facilitator

Lisa Broadley

REDUCING THE RISK OF INJURY IN SPORT

Brief summary

This is a two-hour practical workshop suitable for sports coaches and teachers that will explore the current evidence around approaches coaches can use to help prevent injuries.

By the end of the workshop, you will be able to implement some practical strategies for lowering the risk of injury.



Who should attend?

This course is suitable for Sports Coaches, Physical Education teachers and Volunteers involved in amateur and youth sport.

Learning outcomes

- Strategies to reduce the risk of injury
- The role of a warm up
- The evidence behind stretching as a prevention strategy
- Do we need to prioritise young people in sport?
- Which exercises may work?
- The approaches to reducing the risk of Anterior Cruciate Ligament Injuries

Date and time

Wednesday 31 October 2018, 4pm-6pm
or Wednesday 27 February 2019, 4pm-6pm

Facilitator

Andy Cunningham

TOE BANDAGE TECHNIQUE IN LOWER LEG MANAGEMENT

Brief summary

Bandaging the lower leg for leg ulcer and oedema management is a recommended frontline treatment in the community. However, the toes are often left out of the standard training techniques and can result in further problems to the patients. This Masterclass will address the research, rationale and technique of toe bandaging.

Who should attend?

This course is suitable for Community/District Nurses, Practice Nurses, Lymphoedema Support/ keyworkers and Nursing and Residential Home nursing staff.

Learning outcomes

- Be aware of current practice and guidelines in toe bandaging

- Understand the vascular and lymphatic physiology of the toes
- Give appropriate rationale to undertake toe bandaging
- Be able to apply a toe bandage as part of lower leg management

Date and time

Tuesday 20 November 2018, 1pm-4.30pm
Tuesday 3 March 2019, 1pm-4.30pm
or Tuesday 2 July 2019, 1pm-4.30pm

Facilitator

Justine Whitaker

LGBT AND THE OLDER PERSON

Brief summary

This half-day workshop considers LGBT and the Older Person. The first generation to have lived their whole adult lives after the decriminalisation of homosexuality in 1967 are now reaching their later years. The chances are that every facility is home to someone who identifies as lesbian, gay, bisexual or transgender (LGBT), but as the subject is still taboo among many older people, care staff are not always aware.

The workshop covers many aspects related to ageing and LGBT with wide range of topic areas being discussion. From care expectations, diversity awareness through to sexual health. Sexual health advice isn't just for younger people, sexually transmitted infections have risen in older people in the last 10 years.

Experiencing mental health difficulties, such as depression, is not something to be ashamed of, and it isn't an inevitable part of getting older. Research has shown that older lesbian, gay,

bisexual and transgender people's self-esteem and mental wellbeing can be affected if a person has experienced years of feeling different or rejected.

Who should attend?

This course is aimed at professionals working with older clients.

Learning outcomes

- Consider individual needs of the older person
- Awareness of physical and mental health needs
- Awareness of sexual health matters

Date and time

Thursday 7 February 2019, 9am-12pm

Facilitators

Susan Anderson and Lisa Broadley

PROMOTING POSITIVE ATTITUDES IN OLDER PEOPLE'S CARE

Brief summary

A one-day workshop to reflect and discuss the priorities of older people in health and social care. Key priorities in research have considered loneliness and isolation, support and training for family carers, negative perceptions of older people and inequalities related to public services and healthcare. Older people should be actively involved in all stages of their care and this workshop aims to echo this.

Those who attend are given the opportunity to share their views and opinions and to discuss priorities in care within their clinical environment. The main aim of this workshop is to identify and focus issues that are important to older people, as well as create an environment for health professionals to share ideas related to these important issues.

Who should attend?

This course is aimed at professionals working with older clients.

Learning outcomes

- To raise awareness of the ageing process including physical, psychological, social, spiritual and mental health
- To consider activities, support and services available to the older person
- Support older people with a wide range of needs
- Identify ways for the older person to connect to their community

Date and time

Wednesday 7 November 2018, 10am-4pm

Facilitators

Susan Anderson and Lisa Broadley

END OF LIFE CARE EXPLORING THE REALITY THROUGH A VIRTUAL MDT

Brief summary

An interactive workshop examining current real-life challenges in end of life care. Using a virtual MDT (multi-disciplinary team) approach this workshop will allow you to examine the practical application of tools and frameworks in light of professional codes, protocols and ethics. You will consider the roles of others and the thoughts of the patient and family in the aftermath of a complex end of life care scenario. This is an opportunity to increase your awareness of the importance of inter-professional collaboration in order to strive for excellence in this challenging field of health care practice.

This is an innovative workshop provided collaboratively between St Catherine's Hospice and the University of Central Lancashire.

Who should attend?

Health and social care professionals with a passion and interest in improving communication and co-ordination of care for people at the end of life. Practitioners who provide care for people in the last year or so of life from any setting welcome.



Learning outcomes

- Have explored the practical application of the current end of life care tools and guidelines
- Have examined the roles and responsibilities of other disciplines in end of life care
- Increase their appreciation of the value and challenges of inter-professional working

Date and time

Tuesday 19 March 2019, 9.30am-12.30pm
St Catherine's Hospice, Preston

Facilitators

Debbie Bolton and Alice Thompson

END OF LIFE IN ACUTE CARE ENVIRONMENTS

Brief summary

All patients and their loved ones at the end of life deserve high quality care. In acute areas of care, where advances in medicine and technology procedures and processes within healthcare can produce moral and ethical conflicts for healthcare providers.

Within acute environments, the dilemmas confronting all staff expect them to be able to deal with complicated end of life situations effectively and with sensitivity. This is something that not just 'specialist end-of-life care staff' should be dealing with but that all staff are equipped to deal with, as it is 'everyone's business' as stated in 'One Chance to Get it Right' (LACDP, 2014).

Who should attend?

This course is suitable for Healthcare assistants, Staff Nurses, Assistant practitioners, Nursing associates, Allied healthcare professionals and any staff working within acute environments.

Learning outcomes

- Examine withholding/withdrawal of treatment
- Explore ethical and moral concepts
- Consider DNAR and treatment decisions
- Explore organ and tissue donation
- Analyse importance of communication skills in breaking bad news

Date and time

Thursday 17 January 2019, 10am-3.30pm
or Wednesday 12 June 2019, 10am-3.30pm

Facilitator

Jill Dobson

ADVANCED SKILLS WORKSHOP ON GASTRO-INTESTINAL PHYSICAL EXAMINATION

Brief summary

The aim of this workshop is to offer health professionals knowledge and skills on physical examination of the gastro-intestinal system.

Who should attend?

This workshop has been developed for health care professionals working at an advanced level or towards an advanced level of practice.

Learning outcomes

- Offer a sound understanding of the anatomy of the gastro-intestinal system
- Have a working knowledge of undertaking taking a physical gastro-intestinal examination

Date and time

Friday 14 June 2019, 1pm-4pm

Facilitators

Gillian Armitage and Allan Gardner

EAR CARE MANAGEMENT

Brief summary

The aim of this workshop is to offer health professionals knowledge and skills to undertake safe and effective ear care management.

Who should attend?

This workshop has been developed for health care professionals working in primary care or planning to deliver care in the community setting, eg General Practice Nurses, District Nurses, Prison Nurses and Treatment Room Nurses.

Learning outcomes

- Review the relevant anatomy and physiology of the ear
- Discuss the professional issues surrounding ear care management
- Explain the principles of ear irrigation - recognising correct technique, procedure and the management of such an intervention
- Identify the difficulties and complications associated with carrying out ear irrigation



Date and time

Friday 23 November 2018, 9am-12pm
or Thursday 2 May 2019, 9am-12pm

Facilitator

Gillian Armitage

FACILITATORS

Daniel Anderson

Dan is a lecturer in Psychotherapy at University of Central Lancashire. He is a practicing group analyst and psychodynamic psychotherapist, and worked for 15 years in the NHS and the independent sector as a consultant psychiatrist before leaving this work to become an academic and psychotherapist.

Susan Anderson and Lisa Broadley

Both Sue and Lisa are Senior Lecturers within the School of Health Sciences. Their remit is to work alongside health professionals in relation to the Care of the Older Person, Infection Prevention and Control, Diabetes and Research. Sue's clinical background is in Acute Medicine and the Older Person. Lisa's clinical background is in Community care and Practice Nursing.

Gillian Armitage

Gillian's professional interests lie in community setting including practice nursing and advanced practice. She is a Senior Lecturer and a qualified NMC nurse tutor and teaches across the pre-registration and post-registration courses. Her special interests are advanced clinical skills and triage.

John Billington

John is a Senior Lecturer at UCLan. John's clinical background is cardiac critical care nursing. John is the academic team leader for Adult Nursing and is module leader for a post registration module in Acute Cardiothoracic Care.

Debbie Bolton and Alice Thompson

Debbie Bolton is Lead Clinical Educator at St Catherine's Hospice and Alice Thompson is Senior Lecturer in palliative and end of life care at UCLan. Together they have 23 years of experience working in clinical and leadership roles within specialist palliative care multi-disciplinary teams.

Debbie Brittain

Debbie is Principal Lecturer in Sexual Health. She delivers a variety of reproductive and sexual health modules at both undergraduate and postgraduate levels. Debbie is a qualified contraceptive health nurse, smear taker and undertakes observational visits within local CASH services to maintain her knowledge and support her educational and clinical role.

Cath Coucill

Cath works at UCLan as course leader for the mentorship programme and on a variety of post registered courses. A Background in Children's Nursing and Health Visiting worked in Children and Young People's Workforce Development and was strategic parenting lead at Lancashire County Council. Cath has a passion for improving children and young people's emotional health and wellbeing through parents and the workforce having access to evidenced based knowledge and effective practical skills.

Andy Cunningham

Andy Cunningham is a Sports Therapist and Principal Lecturer in the Division of Rehabilitation Sciences and has been involved in leading and delivering teaching on the BSc (Hons) Sports Therapy and MSc Sports Medicine courses. He is an accredited Strength and Conditioning Specialist with the International Youth Conditioning Association.

Jill Dobson

Jill is a critical care nurse with many years' experience, going on to specialise as a bereavement and donor nurse, end of life care in acute areas is an area of great significance. Jill has focused on the complex areas of withdrawal/withholding treatment, brain stem death, organ donation and breaking bad news are all areas that require specific skills for healthcare staff and therefore specific training.

Martin Earley

Martin's teaching and learning interest centres around High Dependency and Intensive Care nursing, and the clinical intervention/skills within children's nursing. He has a particular interest in children's resuscitation, which he incorporates into his teaching sessions where possible.

David Foster

David is a Lecturer in Children's Nursing and teaches on the pre-registration nursing course. David has mainly worked in Paediatric Critical Care but also has experience working in Specialist Cardiac Services.

FACILITATORS

Rachel Game

Following successful completion of her Registered General Nurse Training at South Manchester, Rachel initially worked on a male general surgical ward. From there she worked as a staff nurse on a Children's Unit in a District General Hospital, this led her to commence her Children's Nurse Training at the University of Salford which she completed in 2000. Since then she has worked on both medical and surgical wards and a children's medical emergency department at differing grades within an acute trust in the North West where she developed a wide range of knowledge in caring for children and families in hospital.

Rachel led the Pre-registration Management and Leadership Module and is a role model for the Aurora Leadership Programme.

Allan Gardner

Allan has worked as a Registered Nurse (Adult) since 2006. He gained extensive clinical experience in Acute Surgical and Medical care, in particular working in Vascular Surgery and Medical Assessment areas. In 2011 Allan began working in Advanced Clinical Practice as part of an Otolaryngology (ENT) team. This enabled him to develop his practice within a range of clinical settings, including Out Patients, Acute, and Critical Care areas.

Leah Kirk-Batty

Leah left UCLan in 2012 after achieving a first-class BSc (Hons) degree in Midwifery. Leah worked in a local hospital Trust as a rotational midwife before moving to the South Coast of England to undertake the Specialist Community Public Health Nursing Post Graduate Diploma (school nurse branch), with a keen interest in public health and vulnerable families. Leah then worked as a Safeguarding Children Midwife in an acute Trust before returning to UCLan as a lecturer in Midwifery.

Alison Luckett

Alison is a lecturer at UCLan with a clinical practice background within general Intensive care and High dependency nursing. She has extensive experience in caring for patients with tracheostomy.

Guy McClelland

Guy McClelland is a Senior Lecturer on the BSc (Hons) Operating Department Practice programme. He has undertaken research that explored the factors that affect scrub practitioner non-technical skills during surgery.

Rosie Milbourn

Rosie currently works 2 days a week as a Neonatal Lecturer at UCLan and also works at Blackpool Teaching Hospital as an Educator and sister on the Neonatal Unit. She has worked as a Neonatal Nurse for more than 25 years. Rosie initially trained as a combined RGN / RSCN at Great Ormond Street Hospital in London with her adult nurse experience fulfilled at Watford General Hospital. Her neonatal experience has been obtained at Neonatal Units in Maidstone and Chatham in Kent, and more recently at Blackpool.

During her career, Rosie has worked as a Neonatal Ward Manager, Neonatal Outreach Worker and a Nurse Educator. She has also worked as a Baby and Child Advisor for Boots the Chemist in Bromley, Kent. She obtained a BSc (Hons) in Neonatal Studies at UCLan in 2016.

Adele Nightingale

Adele brings many years of experience of working within the NHS as a Team Leader and as a Departmental Manager. Leadership has been pivotal in these roles and as a healthcare worker, she has developed and grown personally as a leader and been in a privileged position to recognise, develop and grow the leaders of the future.

Moráen O'Byrne

Moráen is a lecturer in Counselling and Integrative Psychotherapy at UCLan. She has a BSc in Psychology, PGDip in Professional Counselling and a PGCE in Further Education and Training. She has worked in many different settings with a variety of complex clients and currently works for the NHS with children and young people working in creative ways to enable them to identify, understand and express their emotions.

FACILITATORS

Yasmin Perry

Yasmin's professional interests lie in the community setting including school nursing practice and public health. Yasmin is a Senior Lecturer and teaches across both pre and post registration nursing courses. She is a qualified adult, sick children's nurse, school nurse and practice teacher. She has a master's qualification in Practice Enhancement. Yasmin is pathway leader for School Nursing and course leader for the Postgraduate Certificate Practice Teacher Preparation.

Gillian Rayner

Gillian is a senior academic, researcher, Nurse and Psychotherapist (BABCP accredited) she has worked with people who self-harm for the last 30 years in a wide variety of health settings from community to Forensic. She has provided consultation and supervision for many staff and businesses'. She has provided much in-depth training for staff in this area and has published and completed research about this.

Gill is passionate about improving reactions and services for people who self-harm and has recently created and piloted a new Psychotherapy group (An integration of Compassion Focused Therapy and Cognitive Behavioural Therapy) at the University of Salford for people who self-harm (funded by Salford Clinical Commissioning Group). She is also working with the University of Huddersfield to develop a physical and mental health training strategy and tool for wound care for people who self-harm.

Neesha Ridley

Neesha completed a BSc (Hons) degree in Midwifery Studies at UCLan in 2005. Following the completion of her degree she worked as a qualified Midwife at Lancashire Teaching Hospitals NHS trust, where she continued to work as a Midwife, maintaining her clinical skills. She is currently studying towards a master's degree in Midwifery and Women's Health and a Postgraduate Certificate in Education, both at UCLan.

Katie Rowson

Katie is a Senior Lecturer in Children's Nursing at UCLan and works in clinical practice as a Clinical Research Nurse and has an honorary contract at a Children's Hospice. Katie's Children's Nursing experience includes 7½ years as a Clinical Nurse Specialist in Paediatric Infectious Diseases and Immunology working in the hospital and community setting. This role included coordinating care across a multi-disciplinary, multi-agency team.

Katie has completed MSc modules in Strategic Leadership and Managing Partnerships and is Module Leader on the pre-registration Leadership and Management module.

Katy Smyth

Katy is an experienced practice nurse who teaches on the asthma/COPD module and the non-medical prescribing course. Katy continues to work within the clinical environment to maintain her knowledge and support her educational and clinical role.

Justine Whitaker

Justine is a Senior Lecturer and Clinician at UCLan, providing education at the offering a Level 6 Advanced Certificate for health professionals nationally, in Lymphoedema Management. Justine is currently active in Research within the School of Health Sciences looking into tissue oxygen levels within lymphoedema.

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For further information, please contact:

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