



# COMMUTER AND VISITOR TRAVEL GUIDE

West Cumberland Medical Education Centre



West Cumberland  
 Medical Education Centre  
 Samuel Lindow Building  
 Westlakes Science and  
 Technology Park,  
 Moor Row, Cumbria  
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 Tel: 01946 517200  
 www.uclan.ac.uk/wcmec

Cumbria Partnership NHS Foundation Trust

North Cumbria University Hospitals NHS Trust

NHS Cumbria Clinical Commissioning Group

  
 uclan  
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**The West Cumberland Medical Education Centre is based at the UCLan Westlakes Campus.**

## **DIRECTIONS**

### **By Road**

**Starting south of Carlisle:** If you are journeying from the south to Westlakes, you should leave the M6 motorway at junction 40 and take the A66 west past Keswick and Cockermouth. Then take the A595 south until you pass Workington and Whitehaven.

**Starting north of Carlisle:** Leave the M6 motorway at junction 43 and journey on the A595 from Carlisle. Progress south, passing by Cockermouth, along the A66 briefly, then back onto the A595 past Workington and Whitehaven.

**At the Science Park:** The Westlakes Science and Technology park is approximately two and a half miles south of Whitehaven, and is clearly signposted on the left of the road. On leaving the A595, turn onto the science park and take the first left at the roundabout signed Crow Park Way. Take the first right and continue until you reach a T-junction, turn left and the UCLan building is on your left hand side.

### **Visitor Parking**

Available to the rear and on both sides of the Samuel Lindow building.

### **By Rail**

We recommend making your way to Whitehaven Railway Station. From there the Campus is a 10-minute taxi ride away.

### **By Bus**

From Whitehaven train station the no. 20 and 30 buses stop at Westlakes Science & Technology Park.

### **Cycling**

Cycle shelters are provided on the campus.

## **PLANNING YOUR JOURNEY**

UCLan supports sustainable and active travel through the implementation of its Travel Plan.

For more information on the Travel Plan please visit: [www.uclan.ac.uk/sustainabletravel](http://www.uclan.ac.uk/sustainabletravel)

Reduce time, money and your carbon footprint by planning your journey.

For a journey planner (by car and public transport) please see the following websites:

- Transport Direct [www.transportdirect.info](http://www.transportdirect.info)
- Traveline [www.traveline.org.uk](http://www.traveline.org.uk)
- Cumbria County Council [www.cumbria.gov.uk](http://www.cumbria.gov.uk) (useful door-to-door journey planner if using public transport).

