

The 7th International Authenticity to Action Conference
Showcasing Excellence in Public and Patient Involvement in
Health and Social Care Education

15-17 May 2024

Hosted by [Comensus](#) at the [University of Central Lancashire](#)

We are pleased to welcome you all to our 2024 **in-person** conference celebrating and reflecting on service user, carer and patient involvement in health and social care education and research.

We have kept the cost as low as possible to make this affordable for everyone. The booking fee is just £95 for the two-day event (with reduced fees offered to full time students and unwaged service users patients and carers by application).

The programme below reflects our proposed themes:

- **Creative arts approaches** to involvement and innovation (including art, theatre, creative writing, multimedia).
- **Going under or getting over? Stumbling blocks or stepping stones?** Recovery and healing- sharing lived experience as a therapeutic tool for wellbeing.
- **Creative solutions** to the challenges relating to service user and carer involvement (which include recruitment of under-represented groups, payments, power imbalances and so on).
- **Arnstein's ladder or squeaky see-saw?** The current state of play of democratic service user and carer involvement in research and education.
- **Are we surviving, thriving or just left behind?** Service user and carer involvement in the new world.

All times and details are subject to change before the date.

Wednesday 15 May 2024

Date & Time	Session	Venue
17.15-19.00	Join us for some social time on the rooftop terrace of the new Student Centre	Student Centre

Thursday 16 May 2024

Date & Time	Session	Venue
08.30-09.15	Registration & refreshments in reception area	Foster Building social space
09.15-09.25	Welcome to UCLan Janice Allan, Pro Vice Chancellor of Academic Leadership, University of Central Lancashire.	Darwin Building lecture theatre
09.25-09.30	Welcome & Housekeeping Janet Garner, Service User and Carer Involvement Co-ordinator of Comensus group, University of Central Lancashire.	Darwin Building lecture theatre
09.30-09.40	Introduction Mick Mckeown, Professor of Democratic Mental Health, University of Central Lancashire.	Darwin Building lecture theatre
09.40-10.10	Keynote <i>Learning from Experience: opportunities and barriers in patient and public involvement</i> Sue Wheatcroft, UCLan ad-hoc lecturer, Co-ordinator of the Fair access to knowledge justice hubs.	Darwin Building lecture theatre
10.15-11.00	Introduction Janet Garner, Conference host & Comensus co-ordinator	Darwin Building lecture theatre
10.15-11.00	Keynote <i>Learning Together, Empowering All: Innovative Learning and Sustainable Practices in a Collaborative Learning Network</i> James Wilson, Senior lecturer, University of Chichester.	Darwin Building lecture theatre
11.00-11.30	BREAK	Foster social space
11.30-12.30	Parallel sessions 1	
1.a	CREATIVE SOLUTIONS TO THE CHALLENGES <u>Showcases</u> <ol style="list-style-type: none"> 1. <i>Bringing Service Users into Simulated Practice</i> (Brogden, Lee & Riachi, Oxford Brookes University) 2. <i>Making Simulated Placements a Real Alternative</i> (Essen & McCrorie and the Public Partnership Group, University of Huddersfield.) 3. <i>Future Physicians Must Not Think Like Engineers</i> 	Darwin 247

	(Sharda & LeRoux, Lancashire, South Cumbria NHS Foundation Trust.)	
1.b	<p>CREATIVE SOLUTIONS/ARNSTEIN'S LADDER WORKSHOP</p> <p><i>20 Years on-Comensus collective: Progress or the same. Service user and carer involvement in the new world.</i></p> <p>(Melling, Mallen & Sullivan, Comensus collective).</p>	Darwin 254
1.c	<p>ARNSTEIN'S LADDER or SQUEAKY SEESAW Showcases</p> <ol style="list-style-type: none"> 1. <i>Supporting Service User Involvement (SUI) at an Institutional Level</i> (Dr Jean Daly-Lynn & Dr Katy Pedlow, Ulster University.) 2. <i>Supporting Professional Learning and Development within the SUC Group and across learning communities</i> (Dr Aneela Zaheer-Ali, Catherine Lillie & Kate Bridgeman, University of Hull) 3. <i>Spanning pre and post registration education, co-production to support learning</i> (Scott, Carter, Roberts, Francis and McMahon, University of Sunderland.) 	Harris room 015a
1.d	<p>CREATIVE APPROACHES WORKSHOP</p> <p><i>Creative writing for wellbeing purposes in female criminal justice enabling environments</i></p> <p>(Caroline Burnley, Senior Lecturer Psychological Therapies and Mental Health, Leeds Beckett University & Emily Billington, Psychologist in Forensic Training of Rivendell Service, HMP Newhall.)</p>	Harris room 015b
12.30-13.30	LUNCH & POSTER SESSION	Foster building social space
13.30-14.30	Parallel sessions 2	
2.a	<p>CREATIVE APPROACHES Showcases</p> <ol style="list-style-type: none"> 1. <i>Hope in The Heart</i> (Tam Martin-Fowles - HopeintheHeart.org) 2. <i>Co-creation of a zine to explore the experiences of public research partners in health research</i> (Harman, Roughley, Sumner & Wallis University of Liverpool) 	Darwin 247
2.b	<p>CREATIVE APPROACHES WORKSHOP</p> <p><i>Collecting our Thoughts: using group poetry as a means of expressing experiences of participation</i></p>	Darwin 254

	(Lefroy & Wynn, Outside In group, Wrexham University.)	
2.c	<p>GOING UNDER OR GETTING OVER?</p> <p><u>Showcases</u></p> <ol style="list-style-type: none"> 1. <i>How We Work Together: nothing about us without us...without us, there is nothing</i> (D Redfearn University of Huddersfield.) 2. <i>Navigating the Healthcare System as a Disabled Person from a lived experience perspective</i> (Alissa Nehrlich, UCLan) 3. <i>Sharing lived experiences, connectivity, and well-being</i> (K Livesey & No Whispers CIC) 	Harris 015a
2.d	<p>CREATIVE SOLUTIONS TO THE CHALLENGES WORKSHOP</p> <p><i>Hybrid is not just for Cars</i> (A Melling, A Urmston, P Sullivan and S Seymour, Comensus with School of Pharmacy & Biomedical Sciences, UCLan.)</p>	Maudland room 143
14.40-15.40	Parallel sessions 3	
3.a	<p>SURVIVING OR THRIVING</p> <p><u>Showcases</u></p> <ol style="list-style-type: none"> 1. <i>To the library: working with service users to 'see, experience, and grow in social care research.</i> (C Heap, E Mallen, Lived Experience Advisory Panel (LEAP) of Community Enhanced Social Prescribing (CESP) project, Cheshire UK.) 2. <i>A reflexive approach to overcoming PPI challenges in research: learning from facilitating local and national Lived Experience Panels</i> (M Ahmed and Dr J McLean Glasgow Centre for Population Health (GCPH) with representatives from the CommonHealth Assets Lived Experience Panel.) 3. <i>Enhancing PARITY: Co-creating an impact measure for service user and carer involvement in pre-registration nurse education</i> (Dr J Garner, S Holmes, S McClenaghan, E Mallen, A Melling and R Tayya PARITY research group, Comensus, UCLan.) 	Darwin 247

3.b	<p>GOING UNDER OR GETTING OVER</p> <p><u>Showcases</u></p> <ol style="list-style-type: none"> 1. <i>FATNANAEE (For all the Neils and Nells and Everyone Else)</i> (K Felstead Comensus, Spring Projects) 2. <i>Are we surviving, thriving, or just left behind?</i> (Denise Wilkinson and Dr Pete Forrester - Lancashire Visually Impaired Forum) 3. <i>Who am I? The identity crisis of mental health professionals living with mental illness.</i> (J Fisher, School of Nursing, UCLan) 	Darwin 254
3.c	<p>WORKSHOP</p> <p><i>Voices of resilience: Trauma informed narratives of Refugees and Asylum Seekers in Blackburn with Darwen</i> (Dr Peggy Mulongo, School of Nursing, UCLan)</p>	Harris 015a
3.d	<p>WORKSHOP</p> <p><i>Terminology in a New World of Service User Involvement</i> (Daly-Lynn, Ramsey and Pedlow, Ulster University)</p>	Harris 015b
15.40-16.00	Refreshment Break	Foster social space
16.00-17.00	<p>Symposium session</p> <p><i>Making Co-production work in 2024</i> (J Anderson, UCLan, C Essen, University of Huddersfield co-founders of DUCIE Network)</p>	Darwin building lecture theatre
17.00	Close of day	

Friday 17 May 2024

08.30-09.15	Registration and refreshments	Foster social space
09.15-10.00 Chair - Professor Mick Mckeown	Keynote <i>Zines as critical Pedagogy: some perils and possibilities</i> (Hel Spandler - UCLan Prof of Mental Health) This talk will draw on a current Wellcome funded 'Mad zine' project to explore the perils and possibility of introducing zines into the academy.	Darwin building lecture theatre
10.15-11.00	Parallel sessions 4	
4.a	<u>Showcases</u> 1. <i>Redesigning medical student assessments</i> - (K Ramsey, Ulster University) 2. <i>Meaningful collaboration with cancer patients</i> - (Dr A Johnson University of the West of England, Bristol) 3. <i>The Structural Embedding of Knowledge by Experience in Higher Education (SEKEHE). Lessons learned by an expert by experience</i> (Tijs Van Steenberghe University of Applied Sciences and Arts, Ghent Belgium)	Darwin 247
4.b	CREATIVE APPROACHES WORKSHOP <i>Getting Hands-on with Mad Zines</i> J Anderson and T Martin Fowles Critical and Creative Approaches to Mental Health Practice and Hope in the Heart	Darwin 254
4.c	SURVIVING OR THRIVING <u>Showcases</u> <i>Service Users and Carers, Patient Participant Involvement. What does it mean?</i> (Kuti-Matekenya, Bewley and Scott Bolton University, Edge Hill University and University of Sunderland.) <i>Creative, Collaborative, Simulated Student Social Work Assessment with People with Lived Experiences</i> (K Martin, UCLan & J Johnson et al. Comensus staff and volunteers.) <i>Are We Surviving, Thriving or just being left behind?</i> (L Ashworth, L Broadley and K Felstead, UCLan.)	Harris 015a
11.00-11.20	Refreshment break	Foster social space
11.30-12.30	Parallel sessions 5	
5.a	CREATIVE APPROACHES/Arnstein's ladder	Darwin 247

	<p><u>Showcases</u></p> <ol style="list-style-type: none"> 1. <i>"Am I Ready for This?" A case study exploring the experiences of Peer Mentors with Lived Experience of poor mental health</i> Sophie Wilson Director of Research Birmingham Voluntary Service 2. <i>Keeping Active: Democratic engagement to improve alcohol care services</i> M McKeown, J Garner & the ACTIVE PPIE Group. 3. <i>The Crafting of Spaces</i> J Lovell et al Survivor Researcher Network (SRN) 	
5.b	<p>CREATIVE APPROACHES WORKSHOP Educational Escape Rooms <i>Using Educational Escape Rooms as a teaching method</i> (T West and A Morris, University of Huddersfield)</p>	Darwin 254
5.c	<p>CREATIVE SOLUTIONS/ARNSTEIN'S LADDER <u>Showcases</u></p> <ol style="list-style-type: none"> 1. Removing Bureaucracy (J Salt -Staffordshire University Health and Social Care) 2. Towards a cross-sector Community Research and Engagement Network: Foundations and Next Steps - (Keshena Partridge-Bowie & Clare Harwood, Birmingham Voluntary Service Council Research (BVSC)) 3. The Good, The Bad and The Needed co-production in practice (Hayley Bamber, UCLan) 	Harris 015a
12.30-13.00	<p>Closing plenary, feedback & thank yous.</p>	Darwin building lecture theatre

POSTERS will be displayed in the Foster social space throughout the conference. We will ask presenters to make themselves available over lunchtime to present their posters.

1. *Defining the co-production spectrum for simulation education* - Sam Pywell, Social prescribing Unit, University of Central Lancashire.
2. *Let them eat (maybe cake) - the potential of cake to encourage cross boundary collaborations has been noticeable.* Jen Beesley, Comensus and MS Society, University of Central Lancashire.
3. *Pushed Closer to the Edge-* How the COVID-19 pandemic contributed to the increasing marginalisation of disabled people and their carers in the UK, a report for PREPARED. Partington H, Garner J, Chatfield K (2023)
4. *Learning by listening* - involvement in student nurse education at a College of Nursing in India. Toni Bewley, Senior Lecturer, Edge Hill University, UK.

EXHIBITORS to be confirmed.