

Seminar/workshop series: Enabling Children and Young People's Participation - the Role of Adults and their Relationship with Children.

The Disappearing Voice: come and join the conversation!

Kirsten McLoughlin
Darren Conway

Lindy Simpson
Sam Young

10 May 2017

UCLan Harrington Building - Room HA337, 4.00 to 5.30

The 'speakers' will explore through conversation their shared experiences of mental health services, with a focus on the complexity of children and young people's 'voices'. They have various perspectives as outlined in their brief biographies. The conversation will explore:

- Complexity of having a voice as a child with a mental health diagnosis
- Challenges of having your own voice when the symptoms are shouting louder
- Acute risk and decision making. The impact of organisational culture
- I'm an advocate I'm not here for a fight
- Participation – the importance and challenges in child and adolescent mental health services

Kirsten McLoughlin: I'm a young person who has experienced a range of mental health services including community and inpatient. I was also a member of The Crew for 4 years, this is the participation group working in partnership with acute inpatient adolescent mental health services (CAMHS Tier 4). In my role I was involved in interviewing, training and teaching sessions focused on various mental health illness and issues.

Lindy Simpson: I'm a social worker with a passion for children and young people's participation. I've developed peer led programmes of work for children to chair their own review meetings in both local authority care and in acute mental health inpatient services (Tier 4 CAMHS). Recently I worked at Uclan as a Senior Lecturer and I'm an Associate Director of the Centre for Children and Young People's Participation. In 2016 I received the national Positive Practice in Mental Health Award for 'Making a Difference' in mental health.

Darren Conway is a Registered Mental Health Nurse by background who has worked in various settings in mental health, over the last 3 years he has been working in Child and Adolescent Mental Health Services (CAMHS). For the last 18 months Darren has worked in Participation for Lancashire Care Foundation Trust (LCFT) CAMHS and is working with young people and families to support having their voices heard regarding their care and service development. Previously Darren has worked in the Film industry and has a strong interest in the use of arts health in mental health care.

Sam Young BSc MSc is an Independent Mental Health Advocate (IMHA) who has spent the last 10 years specializing in Advocacy for Young People in CAMHS Tier 4 settings.

Our seminars are free - please reserve your place via Eventbrite

<https://www.eventbrite.co.uk/o/uclan-school-of-social-work-care-and-community-5093129075>

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