



Student Cookery Classes



***How are your cooking skills?
Are you moving away from home and cooking for the first time?***

These beginners' cookery classes have been designed by UCLan Catering to boost confidence and develop your cooking skills. The meals will be quick, affordable and healthy. Hygiene, tips on freezing/defrosting and cooking on a budget are also included.

- Classes are informal and fun
- It's a great way to meet other students
- Classes are on Preston campus
- You get to take home all the dishes you create
- You will be taught by a qualified industry based chef
- All the equipment and food is included in the course price
- It is a 4 week course, available at different times during Semester 1

This course is running four times, choose from a Tues **or** Thurs afternoon, 3pm – 5pm;

Course 1 – Tuesday 3, 10, 17 & 24 Oct

Course 2 – Thursday 5, 12, 19 & 26 Oct

Course 3 – Tuesday 7, 14, 21 & 28 Nov

Course 4 – Thursday 9, 16, 23 & 30 Nov

Course fee: £30

[Full cost £60 which has been subsidised by Healthy University Initiative to keep costs low]

To book a place

Email details of the course you want to attend to Sandra Brookes sbrookes2@uclan.ac.uk .

You will receive a confirmation email and more information about payment and venue.

Numbers are limited, early booking is advised.