Three day international, interdisciplinary conference organised by the Maternal and Infant Nutrition and Nurture Unit (MAINN), School of Health, UCLan.

**Wednesday 10th, Thursday 11th and Friday 12th June 2015**

Grange over Sands, Cumbria
NUTRITION AND NURTURE IN INFANCY AND CHILDHOOD: BIO-CULTURAL PERSPECTIVES

Conference Convenor: Fiona Dykes, Professor of Maternal and Infant Health, Maternal and Infant Nutrition and Nurture Unit (MAINN), University of Central Lancashire, Preston, UK.

The conference links closely with the international journal Maternal and Child Nutrition (Wiley-Blackwell Publishing) that has its editorial office in MAINN. The journal is edited by Dr Victoria Hall Moran, based in MAINN, and Professor Kay Dewey, University of California, Davis.

The conference aims to:

• Illuminate socio-cultural, political and economic influences upon infant and child feeding practices.

• Explore the nature of relationships within families in connection with various types of nutritive and nurturing behaviour in infancy and childhood.

• Increase understandings of breastfeeding as a bio-psychosocial activity.

• Enhance understanding of the complex interactions between socio-cultural, psychological and biological factors in infant and child feeding, eating and nutrition.

• Focus on key initiatives that may impact upon practices related to infant and child feeding, eating and nutrition.

Keynote Speakers

Alison Baum MA, MSc - CEO, Best Beginnings, London, UK www.bestbeginnings.org.uk

Dr Arun Gupta MD, FIAP - Regional Coordinator - IBFAN Asia, Co-Chair - IBFAN Global Council, Chair, global Breastfeeding Initiative for Child Survival (gBICS), Delhi, India.

Professor Nicola Lowe BSc, PhD - Co-Director of the International Institute of Nutritional Sciences and Food Safety Studies (iiINSAFSs), University of Central Lancashire, Preston, UK.

Dr Chessa Lutter PhD - Senior Advisor, Food and Nutrition, Pan American Health Organization/WHO, Washington, DC, USA.

Dr Adelheid W Onyango PhD - Regional Adviser for Nutrition, World Health Organization, Regional Office for Africa, Brazzaville, Republic of Congo.

Dr Irena Zakarija-Grkovic MD, FRACGP, IBCLC, PhD - School of Medicine, University of Split, Croatia.

Location

The conference venue is The Grange Hotel, Grange Over Sands, which is situated on the fringe of the Lake District in beautiful surroundings. For details on the charms of this stylish location go to www.grange-hotel.co.uk

Conference Booking and Enquiries

The conference fee is £395 for the three days, non-residential, which includes refreshments, lunch and conference documentation, but not accommodation. Accommodation can be booked directly with the hotel Tel: +44 (0)15395 33666 Email: info@grange-hotel.co.uk, or see the conferences website for other local accommodation options.

A day rate is also available at £135 per day which includes refreshments, lunch and conference documentation on the day you are attending.

For conference enquiries please contact Liz Roberts, Conference and Events, University of Central Lancashire, Preston PR1 2HE Email: healthconferences@uclan.ac.uk Tel: +44 (0)1772 893809

To book a place at the conference please go to the conference web site and click on the expandable Booking Form.

Conference web site: www.uclan.ac.uk/healthconf
For academic queries please contact Professor Fiona Dykes on fcdykes@uclan.ac.uk or Tel: +44 (0)1772 893828
Day 1: Wednesday 10th June 2015

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<th>Time</th>
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<tr>
<td>08.00 - 09.00</td>
<td>Conference registration and refreshments</td>
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<tr>
<td>09.00 - 09.15</td>
<td>Opening address: Dr Nigel Harrison, Executive Dean</td>
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<tr>
<td>09.15 - 09.30</td>
<td>Welcome by Conference Convenor: Professor Fiona Dykes, MAINN, UCLan</td>
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<tr>
<td>09.30 - 10.20</td>
<td>Dr Arun Gupta: World Breastfeeding Trends Initiative and World Breastfeeding Costing Initiative (WBTI and WBCI). How to plan and cost life-saving interventions - and keep policy setting free from commercial influence</td>
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<tr>
<td>10.30 - 11.00</td>
<td>Concurrent Session: 1</td>
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<tr>
<td>Room A (large)</td>
<td>McFadden A, Muir N, Mason M, Orr L, Whitford H, Renfrew M (UK) How do global organisations work best to influence political commitment at country level to protect and promote breastfeeding and support women to breastfeeding?</td>
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<tr>
<td>Room B:</td>
<td>Aikik C, Ghattas H, Fiteau S, Knai, C (Lebanon, UK) Implementation of policies to protect, promote and support breastfeeding in Lebanon: A stakeholder analysis</td>
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<td>Room C:</td>
<td>Only H, Hall Moran V, Lowe N, Dykes F (UK) Realist review to understand the effectiveness of food subsidy interventions for low income women.</td>
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<td>Room E:</td>
<td>Alam A, Rasheed S, Huda T, Arifeen S, Dibley M (Bangladesh) How can qualitative research inform the design of an iron folic acid supplementation intervention starting in first trimester of pregnancy in Bangladesh?</td>
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<td>11.00 - 11.30</td>
<td>Refreshments</td>
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<td>11.30 - 12.00</td>
<td>Concurrent Session: 2</td>
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<tr>
<td>Room A (large):</td>
<td>Bartle C (New Zealand) Infant Feeding, the International Code, capitalism and climate change: Earth we have a problem.</td>
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<td>Room B:</td>
<td>McCrean A, Banks S, Weaver G, Shenker N (UK) The UK Association for milk banking and the use of donated breast milk as a bio-source for epigenetic research.</td>
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<td>Room D:</td>
<td>Darwent K, McInnes R (UK) Surviving in a hostile environment: Women’s experience of being the first to breastfeed in their family.</td>
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<td>Room E:</td>
<td>Kekaiilahab A, Februhartany J Mansurya M, Shankarc A (Indonesia, USA) Delay in meeting minimum dietary diversity: trend of complementary feeding practice in Indonesia within 2002-2012 and its determinants.</td>
</tr>
<tr>
<td>12.10 - 12.40</td>
<td>Concurrent Session: 3</td>
</tr>
<tr>
<td>Room A (large):</td>
<td>Banks S (UK) The LFIB model: a regional approach to critically appraising evidence from the infant feeding industry and ensuring evidence based distribution amongst front line staff working with families.</td>
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<tr>
<td>Room B:</td>
<td>Darwent, K. and McInnes, R (UK) A sacrifice but worth it: A paradoxical aspect of women’s experience of breastfeeding.</td>
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<td>Room C:</td>
<td>O’Sullivan E, Geragthy S, Ramussen K (USA) What is breastfeeding?</td>
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<td>Room D:</td>
<td>Young S (UK) Infant Feeding Practices among Somali-born women living in Bristol UK.</td>
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<th>Time</th>
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<tr>
<td>12.40 - 13.50</td>
<td>Lunch, networking and exhibitors</td>
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<tr>
<td>13.50 - 14.40</td>
<td>Keynote: Dr Adelheid W Onyango: Growth and development in the first 1000 days: a lifecycle perspective</td>
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<td>14.50 - 15.20</td>
<td>Concurrent Session: 4</td>
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<tr>
<td>Room A (large):</td>
<td>Raman S, Nicolas R, Shafliee S, Ritchie J, Razee H (Australia) &quot;Eating soup with nails of pig or pork and green papaya every week&quot;: Systematic review and synthesis of the qualitative literature on cultural practices and beliefs influencing perinatal nutrition in low and middle income countries.</td>
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<td>Room B:</td>
<td>Stewart K, O’Connor B (USA) Identifying and acknowledging hidden bias and its ethical implications for maternal child health care providers.</td>
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<td>Room C:</td>
<td>Mutoro A, Garcia A, Wright C (UK, Kenya) Infant and young child feeding practices in an urban slum in Nairobi, Kenya.</td>
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<td>Room D:</td>
<td>Barnes M, Rowe J (Aus) Making space: Learning about mother and baby.</td>
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<td>Room E:</td>
<td>Cunningham K, Ploubidis G, Ferguson E, Luyau R, Menon P, Kadiyala S, Ruel M (UK, India, Chile) Women’s empowerment in agriculture and stunting of children under two in rural Nepal: Do care practices mediate the association?</td>
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<tr>
<td>15.20 - 15.50</td>
<td>Refreshments</td>
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<td>15.50 - 16.20</td>
<td>Concurrent Session: 5</td>
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<tr>
<td>Room B:</td>
<td>Stevens J, Dahien H, Schmid V, Burns E (Aus) Facilitators and barriers to providing skin-to-skin contact after a caesarean section.</td>
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<tr>
<td>Room C:</td>
<td>Fox R, McMullen S, Newburn M (UK) ‘It’s meant to be the most natural thing in the world’: UK women’s experiences of breastfeeding and breastfeeding support.</td>
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<td>Room D:</td>
<td>Aheto J (Ghana, UK) Analysing malnutrition prevalence and its determinants among under-five children in Ghana: multilevel methods.</td>
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<td>16.30 - 17.30</td>
<td>Workshops:</td>
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<td>Room C:</td>
<td>O’Connor B, Stewart K (USA) Developing and implementing a cultural competency workshop for maternal child healthcare providers.</td>
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<td>Room D:</td>
<td>Carne V (UK) A practical session on using Small Wonders to nurture the infant-parent relationship in a neonatal setting.</td>
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<td>Room E:</td>
<td>King D (UK) Maternal Mental Health - Learning from experience: producing videos to nurture the infant-parent relationship for women experiencing ante natal and/or post natal mental health problems.</td>
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<td>16.30 - 18.30</td>
<td>Editorial board meeting – Maternal and Child Nutrition</td>
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Day 2: Thursday 11th June 2015

08.30 - 09.00 Registration and refreshments
09.00 - 09.10 Welcome by Chair: Dr Kajsa Brimdyr (Healthy Children Faculty – USA)
09.10 - 10.00 Keynote: Dr Chessa Lutter: Protection, promotion and support and global trends in breastfeeding

10.10 - 10.40 Concurrent Session: 1
Room B: Khulood K (Jordan) Health care professionals’ attitudes and practices in supporting and promoting the breastfeeding of preterm infants in two Jordanian NICUs.
Room D: Easter A, Newburn M (UK) Timing of introduction of solid food: women’s decision-making and support needs.
Room E: Faber M, Laubscher R (South Africa) Foods consumed and contribution of a national food fortification program to nutrient intake in 6–24 month old infants in KwaZulu-Natal, South Africa.

10.40 - 11.10 Refreshments

11.10 - 11.40 Concurrent Session: 2
Room B: Flight H (UK) Midwives knowledge and experience of delivering nutrient information pre-conception, during pregnancy and post-partum.
Room C: Chautems C (Switzerland) Breastfeeding as a relational process: newborns’ skills and mothers “spontaneity”.
Room D: Eccleston D (UK) The role of the health visitor in supporting parents to have a close and loving relationship with their parents.

11.50 - 12.20 Concurrent Session: 3
Room B: Kominou S, Halford J, Harrold J (UK) The impact of complimentary feeding practices on toddlers’ eating behaviours.
Room C: Chang Y, Bick D, Taylor C, Montgomery E, Chadderton Z (UK) Breastfeeding support for women following caesarean birth: An exploratory study.
Room D: Eccleston D (UK) Vitamin D: the magic hormone.

12.20 - 13.30 Lunch, networking and exhibitors

13.30 - 14.20 Keynote: Dr Irena Zakarja-Grkovic: Challenges and Triumphs in Implementing the Baby-Friendly Initiative in Croatia

14.30 - 15.00 Concurrent Session: 4
Room C: Turner-Maffei C, Cadwell K (USA) Weight gain in young infants: are our criteria for daily weight gain expectations accurate?
Room D: Hunt L, Thomson G (UK) A grounded theory study to elicit the reasons why women who initiate breastfeeding do not access peer support provision. Situating self in a dichotomous discourse of infant feeding.
Room E: Causebrook Y, Newberry L (Malawi) ‘Baby Friendly Initiative’ healthcare staff training to solve practical barriers to breastfeeding in a large hospital in Malawi.

15.00 - 15.30 Refreshments

15.30 - 16.00 Concurrent Session: 5
Room B: Stosiek T (UK) Mother’s experiences of breastfeeding following breast cancer.
Room C: O’Connor B, Turner –Maffei C (USA) Grandmother’s Tea Project.
Room D: Veselá P, Kaniok R (Czech Republic) Is there a connection between bone metabolism, serum leptin levels and bone mineral density in preterm babies?

16.10 - 16.40 Concurrent Session: 6
Room A (large): Brimdyr K, Cadwell K (USA) Approaches to implementing skin to skin in diverse settings.
Room B: Armstrong G, Summerlee A (Canada) Scaling up a health innovation using social enterprise to alleviate orin deficiency in women and children in Cambodia.
Room C: Quinn E (Ireland) An investigation of breastfeeding support groups in Ireland from a cultural historical activity theory perspective.
Room D: Trickey H, Holland S, Sanders J, Tedstone S (UK) Clarifying and communicating a conceptual framework for breastfeeding peer support interventions: are we talking about the same thing here?

16.50 - 17.30 Interactive poster session

19.00 Drinks Reception, sponsored by Wiley-Blackwell

19.30 Conference Dinner (optional) with music by London-based folk musicians, Steffi Dykes and Henry Webster
Day 3: Friday 12th June 2015

08.30 - 09.00 Registration and refreshments
09.00 - 09.10 Welcome by Chair: Associate Professor Renée Flacking, Dalarna University
09.10 - 10.00: Keynote: Alison Baum: Baby Buddy – using technology to encourage nurturing, enhance nutrition and improve public health

10.10 - 10.40 Concurrent Session: 1
Room B: Blair A, Stewart K (USA) Helping pregnant women and new mothers develop resilience during unexpected perinatal events.
Room C: Fallon V, Bennett K, Harrold J (UK) Pregnancy specific anxiety and breastfeeding intentions: Why the best laid plans may go to waste.
Room D: Charlick S, McKellar L, Pincombe J, Fielder A (Aus) Exploring the exclusive breastfeeding journey for first-time mothers in Australia.

10.40 - 11.10 Refreshments

11.10 - 11.40 Concurrent Session: 2
Room B: Blair A, Cadwell K (USA) Not seeing: what we are missing when we assess breastfeeding.
Room C: Gallagher (UK) Using a biographical narrative methodology to listen to women’s ‘infant feeding stories’ in Newcastle upon Tyne, England.

11.50 - 12.20 Concurrent Session: 3
Room A (large): Daly H (UK) Baby Express – Nurturing the infant-parent relationship in the first year.
Room B: Brimdyr K (USA) Telling my story: the secret messages in a baby’s cry when skin to skin with mom in the first hour after birth.
Room C: Haydock H (UK) Breastfeeding and weaning in post-medieval London.
Room D: Balog I, Pshetatzki O, Rozen G, Latzer Y (Israel) Effect of very early parent training on feeding interaction and infant eating habits at 12 months.
Room E: Samuel E, Oladokun F, Leshi O (Nigeria) Improving knowledge and attitude of grandmothers towards exclusive breastfeeding in Ibadan, Nigeria.

12.20 - 13.30 Lunch, networking and exhibitors

13.30 - 14.20 Keynote: Professor Nicola Lowe: Addressing the challenges of maternal and infant malnutrition in NW Pakistan: the role of researchers and Non-Governmental Organisations

14.30 - 15.00 Concurrent Session: 4
Room A (large): Dry F, Williams J (UK) Infant and child nutrition and feeding – embedding an innovative breastfeeding resource in practice.
Room C: Choudhry K, Bartle N, Wallace L, Law S, Szczepura A, Carrigan M (UK) Developing an intervention within a social marketing and acculturation framework to meet the needs of Pakistani women living in the UK regarding their breastfeeding intentions and practices.
Room D: Fleet J, Belan I, Jones M (Australia) Influence of intra-partum parenteral administration of opioid use on breastfeeding experience and outcome at 6 weeks postpartum.

15.00 - 15.30 Refreshments

15.30 - 16.00 Concurrent Session: 5
Room A (large): Russell C, Taylor C, Ball H (UK) Risk and realities – mothers’ and breastfeeding peer supporters’ reflections on provision of infant safe sleep education.
Room B: Scott J, Biegley, Giglia R, Paganin A (Australia) A qualitative analysis of Australian women’s understanding and experiences related to the introduction of solids.
Room C: Leeming D, Marshall J (UK) The concept of shame and how understanding this might enhance support for breastfeeding mothers.
Room D: James D, Davison G, Strathie S, Young J, Marshall C (UK) Parenting nutrition intervention: Can we deliver a person-centred intervention in a public place?

16.10 - 16.40 Concurrent Session: 6
Room B: Brown A (UK) What do women really want? Lessons for breastfeeding education, promotion and support.
Room D: Leyland A, Banks S (UK) Antenatal banking of colostrum (ANBC) for pregnant women with diabetes.

16.45 - 17.00 Close of conference: Professor Fiona Dykes (conference convenor)
Association between pregnancy dietary intake and birth weight among mother-infant dyads in Malawi – results from a pre-intervention study on nutrition counselling to increase birth weight.

A literature review of father’s attitudes and involvement in breastfeeding practice and support.

Perceptions of birth weight and foetal development and their implications for infant feeding and antenatal dietary practices: Qualitative evidence from rural Bangladesh.

‘Hands up’ for ‘Hands off’.

The infant feeding genogram: A tool for exploring family infant feeding narratives and identifying support needs.

A study to identify factors influencing the sustainability of volunteer peer support for breastfeeding mothers within a hospital environment.

Regional, national and provincial disparities of snack consumption in a nationally representative sample of Iranian children and adolescents: The CASPIAN-IV Study.

A national survey on the pattern of breastfeeding in Iranian infants: the IrMIDHS study.

Mother-infant signalling during breastfeeding: An investigation of physiological and psychological factors during breastfeeding, including an ongoing randomised trial investigating the effects of a relaxation intervention in breastfeeding mothers on breast milk production, breast milk cortisol and infant behaviour & growth.

Impact of health education on knowledge of, attitude to and practice of breastfeeding among women attending primary health care centres in Almadinah Almunawwarah, Kingdom of Saudi Arabia: Controlled pre-post study.

The potential of underutilized green leafy vegetables to overcome iron deficiency.

Understanding choice: women, breastfeeding and WIC.
Terms and Conditions

1. Registration/Payment Terms - By completing the booking form, which is an online form and can be found on the website www.uclan.ac.uk/healthconf you are requesting a firm booking. Please note that your place at the conference is subject to confirmation from UCLan in writing that your application is accepted. We reserve the right in our absolute discretion to refuse your application to attend the conference. All forms must be received by 9th May 2015. Bookings will be accepted and confirmed only when full payment or invoicing instructions (we are only able to offer invoicing for UK delegates) have been received. Bookings will not be accepted unless they are made using this official online registration form. Payment sent independently of this booking form must state details of the delegate and the conference. If you do not receive a confirmation e-mail of your booking within two weeks of the conference, please contact the Conference Office.

2. Cancellation Policy – Any cancellations received up to and including 9th May 2015 will be given a refund less a 10% administration charge. For cancellations received after this date, a refund will not be given. Cancellations must be made in writing to healthconferences@uclan.ac.uk. Verbal cancellations will not be accepted.

3. Substitutions Policy – Requests for named substitutions (subject to our right of refusal) are accepted up to 9th May 2015 and should be made in writing to healthconferences@uclan.ac.uk. Verbal substitutions will not be accepted. Packages cannot be shared under any circumstances.

4. Booking Acknowledgment and Information – Please note that your booking acknowledgement will be sent once the form has been received. Formal joining instructions will be sent to you via email approximately two-three weeks before the start of the conference, using email address supplied.

5. Data Protection – UCLan will hold, use and process personal information to assist it in carrying out organisation of the conference at which you have requested a place. We will also use the details on your booking form in order to inform you of future conferences we have organised which might be of interest to you unless you request us not to do so by ticking the box on the booking form.

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7. English Law – These Conditions and the contract between us are subject to English law and the exclusive jurisdiction of the English courts.

Accommodation

The conference venue is the Grange Hotel, Station Square, Grange Over Sands, Cumbria. LA11 6EJ.

Accommodation at the venue is available (subject to availability) by calling +44(0) 15395 33666, email info@grange-hotel.co.uk or by visiting the website www.grange-hotel.co.uk.

Please quote the conference name when booking. A special rate of £90 B&B per person per night (single occupancy) will apply.

For details of alternative accommodation available in Grange Over Sands, visit the conference website www.uclan.ac.uk/healthconf.
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